

## ACHIEVEMENTS AND CONTRIBUTION OF ARJUNA AWARDEE MANPREET SINGH-ACASE STUDY

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### ABSTRACT

The purpose of the study was to ascertain the achievements and awards of Arjuna awardee Manpreet Singh and his contribution towards the promotion of hockey as a player and captain. Which would be a great source of inspiration to the present and future of sports generation related with hockey. Data or information for this investigation was derived from the primary sources i.e., personal records, pictorial records, published material, interview, official records and secondary sources. To have insight on various aspects of personality of Manpreet Singh a self-designed questionnaire was prepared. After collection of data about his awards and achievements it is concluded that as a sportsperson, Manpreet Singh broughthonours for his higher achievements in various national and international tournaments. He became captain of Indian junior men's hockey team in 2013 Hockey Junior world cup. He has been the member of Asian champions Trophy 2011 Gold medal at China and 2012 Silver medal at Doha Asia Cup 2013 Silver Medal at Malaysia. India team also won the final gold medal under Manpreet's captainship in the 2013 Sultan of Johor. India won a Bronze Medal. India team also won the final gold medal under Manpreet's captainship in the 2013 Sultan of Johar cup, Manpreet Singh was the recipient of Arjuna Award in 2018.

**Keywords:** Contribution, Hockey, achievements, Arjuna Award, pictorial record and international,

### INTRODUCTION

Sports and physical activities make us dynamic, fit and social. Games are important being developed of brain and mind. As we probably are aware a sound psyche abides in a solid body. Games and Sports are extremely essential of life. It gives the best exercise to the body. The shade body becomes dynamic actual exercise is vital for absorption. In this manner games and sports new the brain as well as improve processing, fill in the hung with

unadulterated air. Games and sports make the understudies dynamic and new. When it comes to team sports, it has been observed that team sports create a sense of cooperation. Team sports are said to bolster the five C's: competence, confidence, connections, character, and caring. At the heart of this is self-esteem- an increase of self as a result of better social interaction, stronger relationship, and higher academic performance. Team sports provide athletes with a natural community. A report from true sports says that youth who play sports have higher levels of social support, and that the sense of community created with teammates, coaches, and family members incubates the perfect setting for critical self-esteem development. In the end, the opportunity to participate in team sports provides athletes with valuable skills that will take them beyond the field, pitch, and court.

## HISTORICAL ASPECTS OF HOCKEY

The origin of the game can be traced back to the earliest civilizations of the world, but the modern game of field hockey was developed in the British Isles. The modern game was started in England in the mid 1800's and the first formal field hockey club the 'Black heath Football and Hockey Club' was formed in 1861. Many rules and concepts changed during the early years as the game spread throughout the British Empire. From these origins sprung not only the formidable field hockey nations of India, Pakistan and Australia but the development of the game in over 100 countries. As a result, field hockey became the second largest team sport in the world, after soccer. Field hockey has been a men's Olympic sport since the 1908 Olympic Games in London. The Federation International de Hockey (FIH) was formed on January 7, 1924. The All-India Hockey Federation (AIHF) was constituted in 1925. Colonel Bruce Turnbull was the First President and M. S. Ansari was elected as Secretary. The federation was headquartered in Gwalior, Madhya Pradesh. In 1926, Indian Hockey played its first international match against New Zealand. Indian Hockey Federation (IFH) accredited for global affiliation in the year 1927 and it got the approval of International Hockey Federation (FIH).

## CONCEPT OF CASE STUDY

The case study technique is a learning approach wherein the scholar is faced a selected problem. The case study looks at helps the exploration of a real issue within a defined

context, the usage of a spread of statistics assets. In popular terms, the case study analyses a defined problem consisting in an actual situation and makes use of real information as methodological tool. A case study is a qualitative research technique in which different techniques of records series are used for a detailed exam of a particular 'case'. A case is a single unit in a take a look at. Case research awareness on the complexity, dynamics and occasions of a particular case.

## METHODOLOGY

A case study was designed to ascertain the achievements and awards of Manpreet Singh and his contribution towards the promotion of hockey as a player and captain. Data or information for this investigation was derived from the primary sources i.e., personal records, pictorial records, interview, official records and secondary sources. The research scholar was personally contacted Arjuna Awardee Manpreet Singh before conducting the interview. To have insight on various aspects of personality of Manpreet Singh a self-designed questionnaire was prepared. The statements of the questionnaire were modified according to the suggestions given by the experts. An extensive review of literature and research studies conducted on case studies was used for assortment of the matter of questionnaire. The focus of the interview was mainly about the Achievements, awards and contribution towards the promotion of hockey as a player and captain.

## Sports Career of Arjun Awardee Manpreet Singh

**Table: 1** Sports Awards of Arjuna Awardee Manpreet Singh

YEAR	AWARDS
2018	ARJUNA AWARD
2018	TOISA – PLAYER OF THE YEAR BY TIMES OF INDIA
2014	AJITPAL SINGH MIDFIELDER OF THE YEAR
2014	JUNIOR ASIAN PLAYER OF THE YEAR

**Table: 2** Sports Achievements of Arjuna Awardee Manpreet Singh

- Odisha Men's Hockey World Cup, Bhubaneshwar 2018
- Hero Asian Champions Trophy, Oman 2018 (**Joint Winner**)

- Rabobank Hockey Champions Trophy, Breda Netherlands 2018 (**Silver Medal**)
- XXI Commonwealth Games, Gold Coast Australia 2018
- Odisha Men's Hockey World League Final, 2017 (**Bronze Medal**)
- Hero Asia Cup, Dhaka Bangladesh from 2017 (**Gold Medal**)
- Men's Hockey World League Semi-Final, United Kingdom 2017
- 26th Sultan Azlan Shah Cup, Malaysia 2017 (**Bronze Medal**)
- XXXI Rio Olympic 2016
- 6th Nation Invitational Tournament, Spain 2016
- FIH Men's Champions Trophy, Great Britain 2016 (Silver Medal) where India has made finals after 38 years.
- Test Series match in New Zealand 2015
- Men's Hockey World League Semi Final, Antwerp Belgium 2015
- 24th Sultan Azlan Shah Cup, Malaysia 2015 (**Bronze Medal**)
- Test Series match in Perth, Australia 2014
- 17th Asian Games in Incheon, Korea 2014 – (**Gold Medal**)
- XX Commonwealth Games in Glasgow, Scotland 2014 – (**Silver Medal**)
- 13th Men's World Cup in The Hague, Netherlands 2014
- Europe International Tour to Netherlands 2014
- Hero Hockey India League 2nd edition Ranchi Rhinos (**Silver Medal**)
- Hero Hockey World League Final round 4 in New Delhi 2014
- FIH Hockey Junior World Cup in New Delhi 2013 – **Team Captain**
- Asian Champions Trophy in Kakamigahara, Japan 2013 – **Team Captain**
- Team Captain in Sultan Johor Cup 2013 (**Gold Medal**)
- Asia Cup 2013 (**Silver Medal**)
- FIH World League Round 3 in Holland for 2014 World Cup Qualifier.
- 22nd Sultan Azlan Shah Cup, Malaysia 2013
- FIH World League Round 2, New Delhi, 2013 (India Qualifier for FIH World League Round 3)

- Sultan of Johor cup 2013 **winner (Captain)**
- Hero Hockey India League from 14th January to 10th February – Ranchi Rhinos(**Winner**)
- Hockey India Senior National 2013 **Winner**
- 2nd Men's Asian Champions Trophy, Doha, Qatar 2012 (**Silver Medal**)
- FIH Champions Trophy, Melbourne, Australia 2012
- 6 Nations Sultan of Johor Cup under 21 Tournament Malaysia 2012 **Silver (Captain)**
- XXX London Olympic 2012 in London 2012
- 3-Nations Tournament at Santander, Spain 2012
- Matches with France at Lille, France 2012
- Hockey India Senior National 2012, Bangalore **Bronze Medal.**
- 21st Sultan Azlan Shah Cup Tournament, Malaysia 2012 (**Bronze Medal**)
- London International Invitational Hockey Tournament 2012
- FIH Olympic Qualifying Tournament at New Delhi 2012 (**Gold**)
- Test Series Matches against South Africa in January 2012 (**Gold Medal**)
- FIH Champion Challenge 1 Johannesburg 2011 (**Silver Medal**)
- Asian Champions Trophy 2011(**Gold Medal**)
- 34th National Games 2011 Jharkhand, India.
- 2nd Boys U-18 Asia Cup 2009 in Yangon, Myanmar

## RESULTS AND DISCUSSION

To evaluate the achievements and awards of Arjuna awardee and the Captain of Indian Hockey Team Manpreet Singh and his contribution towards the promotion of hockey as a player and captain, to have insight on various aspects of personality of Manpreet Singh a self-designed questionnaire was prepared. Almost forty-five personalities who has been allied with him as players, colleagues, coaches, teammates, family members, relatives were chosen for the purpose. From the information collected we know that Manpreet Singh's professional career is in at national and international level from 2009 to till present. India team won the final gold medal under his captainship in the 2013 Sultan of Johor Cup. Manpreet Singh was

the recipient of Arjuna Award in 2018. The collected data shows that Manpreet Singh has contributed to the advancement of hockey by captaining the Indian hockey team. He has incredible capability to overcome obstacles and his behaviour towards others is very friendly and responsive and co-operative.

## CONCLUSION

- As a captain Manpreet Singh has a great and co-operative relationship with his teammates, coaches,
- Manpreet Singh is good natured, honest dedicated, emotionally expressive, always ready to co-operate with teammates and coaches.
- He has a mature and great confidence to overcome team problems.
- Manpreet Singh prefers to hard work and make decisions with other people.
- Manpreet Singh participated in various national and international tournaments.
- Manpreet Singh is a role model for young generation.
- This case study will motivate all sportspersons and physical education students to participate in hockey and other sports.

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